



John Williams YMCA 2025 Winter Open Gym

Shine On

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Class 8-10:15am	Fitness Class 8:45-9:45am	Fitness Class 9-10am	Fitness Class 9-9:45am	Fitness Class 8-10:15am	Youth Program 8:45-11:20am	Open Gym 7:30am-5:15pm
Stay and Play 10:30-11:50am	Stay and Play 10:30-11:50am	Stay and Play 10:30-11:50am	Stay and Play 10:30-11:50am	Stay and Play 10:30-11:50am	Open Gym 11:30-5:15pm	
PickleBall 12-4pm	PickleBall 12-4pm	PickleBall 12-4pm	PickleBall 12-4pm	Open Gym 12-8:45pm		
Open Gym 4-4:45pm	Open Gym 4-5:15pm	Youth Program 4:45-7:10pm	Youth Program 4:45-5:30pm			
Youth Programs 4:45-6:40pm	Fitness Class 5:30-6:15pm	Fitness Class 5:15-6:30pm	Open Gym 5:30-8:45pm			
Open Gym 6:40-8:45pm	Wheel Chair BasketBall 6:15-8pm	Open Gym 6:30-8:45pm				
	Open Gym 8-8:45pm				Effective Jan 6th, 2025	