



## John Williams YMCA Open Gym Schedule

<b>Monday</b>	Fitness Class 8-10:20am	Stay and play 10:30-11:50	Pickleball 12-4pm	Youth Program 4:45-7:35pm	Open Gym 7:35-8:45pm		
<b>Tuesday</b>	Fitness Class 8:45-9:50am	Stay and play 10:30-11:50am	Pickleball 12-4pm	Open Gym 4-5:15pm	Fitness Class 5:15-6:20pm	Wheel Chair Basketball 6:20-8:15pm	Open Gym 8:15-8:45pm
<b>Wednesday</b>	Fitness Class 8:50-10:15am	Stay and play 10:30-11:50am	Pickleball 12-4pm	Fitness Class 5:15-6:40pm	Youth Programs 4:45-8:15pm	Open Gym 8:15-8:45pm	
<b>Thursday</b>	Fitness Class 8:45-9:50am	Stay and play 10:30-11:50am	Pickleball 12-4pm	Youth Program 4:45-7:25pm	Open Gym 7:25-8:45pm		
<b>Friday</b>	Fitness Class 8-10:20am	Stay and play 10:30-11:50am	Open Gym 12-4:45pm	Youth Program 4:45-7:15pm	Open Gym 7:15-8:45pm		
<b>Saturday</b>	Fitness Class 8:45-10am	Open Gym 10am-5:15pm					
<b>Sunday</b>	Open Gym 8am-5:15pm						

Effective Sept 16, 2024