

2024 Summer Open Gym

JOHN WILLIAMS YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness	Fitness	Fitness	Fitness	Fitness	Fitness	Open
Class	classes	Class 9-	Class 9-	Class 8-	Class	Gym7am
8am-	9-	10am	9:45am	10:15am	9:15-	-5:15pm
10:15am	9:45am				10am	
Summer	Summer	Summer	Summer	Summer	Open	
camp	camp	Camp	Camp	Camp	Gym	
	•				10:10am	
					-5:15pm	
Open	Fitness	Fitness	Open	Open	_	
Gym 4:40-	Class	Class 5:30-	Gym	Gym		
8:45pm	5:30-	6:30pm	4:40-	4:40-		
-	6:15pm		8:45pm	8:45pm		
	Open	Open Gym				
	Gym	6:40-				
	6:15-	8:45pm				
	8:45pm	_				