

YMCA SUMMER DAY  
**CAMP**



**Returning to  
Buckhorn!**

**Early Bird  
Registration  
Begins On  
Feb. 5/2024**

**YMCA of Central East Ontario**

**Balsillie Family Branch Summer Day Camps 2024**

[ymcaofceo.ca](http://ymcaofceo.ca)

# Camp Information

## **We Build Strong Kids**

All of our camps provide opportunities for campers to learn and grow. Campers will learn new skills, develop greater self-confidence and create memories that will last a life time.

## **We Create a Safe and Supportive Environment**

We provide a healthy, safe and secure environment for all participants. We treat everyone equally, understanding the individual needs of each camper as well as the overall group.

## **We are Committed to Quality**

The YMCA of Central East Ontario Day Camps are committed to maintaining the highest standard of quality care to ensure fun, safe and a memorable camp experience for all.

## **We Build Positive Relationships**

At the YMCA we understand that children and youth need positive peer and adult relationships in their lives. We create a camp environment that encourages campers to develop lasting relationships with their peers. At the same time we want to develop a relationship with our camp parents. We welcome you to ask questions and share your feedback with us.

## **The YMCA Camp Staff**

The YMCA recognizes the tremendous impact a positive day camp experience has on the development of a child. Our camp staff are carefully selected based on experience, leadership and the ability to work with children. Our camp staff have a personal interest in ensuring that every camper's experience is one that they will cherish and remember forever. All YMCA staff hold current Standard First Aid/CPR 'C' certifications as well as a clear Vulnerable Sector Check. Our staff attend pre-camp training covering topics such as Healthy Child Development, Child Protection and Safety, Behaviour Management, Program Planning, Policies and Procedures, Camper Safety and on-site Situational Training.

## **Sharing Community Values with Values Beads**

Values Beads play an important role as a sign of character and personal achievement. As a form of recognition, beads at camp promote positive behaviour, and are a constant reminder of what we value as a camp community. Throughout the week, beads are awarded to children for demonstrating YMCA Core Values and achieving success.

## **Convenient Camp Hours**

Monday – Friday 8:00am-5:00pm (*Fees will apply for late pick up*).

## **Day Trips/Walking Excursions**

The safety and security of each participant is our number one priority. Roster head counts are conducted more frequently and each staff member records a brief description of the campers in their group. We discuss the off-site safety rules with the campers as well as use a buddy system. Under no circumstances do children go anywhere by themselves.

## **Inclement Weather**

YMCA Camp Staff will modify camp activities to accommodate for hot and humid weather. This will include frequent water breaks, increased water activities, less active games/activities, increased usage of shade and cooler areas of the camp. These precautions will allow campers to enjoy a fun and safe camp experience, even on the hottest days. Coordinators will inform you through text or email by 7:30am if the camp will be moved to another location.

**Beavermead:** In the event of heavy rain or unsafe weather conditions, parents will be informed by the Beavermead Camp Coordinator that the camp will take place at the Balsillie Family Branch.

**Lakefield:** Campers will go inside the Marshland Centre, located on-site at 64 Hague Blvd. On days that the Marshland Centre is unavailable, the camp will be moved to the Lakefield Smith Community Centre (your camp coordinator will inform you of this change through text or email by 7:30am).

**YMCA Balsillie Branch:** Campers will move inside the YMCA facility while weather remains unsafe.

**Buckhorn:** Campers will be in cabins or go into the Buckhorn Community Centre if there is inclement weather.

# Camp Information

## **Inclusion Support Program (4-12 years old)**

The YMCA of CEO is committed to working with families to support campers with developmental, physical, cognitive, emotional or behavioural needs. Inclusion support is facilitated by our inclusion counsellors who are youth with at least 1 year of experience working with children. They receive YMCA training that is supported by other organizations such as Five Counties (they are not licensed professionals). Inclusion support is given to children that may need extra help at certain times during the day, in order for the camper to have a successful experience during our day camps. Please note we do not offer personal care and campers should be able to use the toilet by themselves and dress and change themselves independently.

We are unable to offer a one-to-one support, however families are welcome to send a personal support worker to camp with their child. The personal support worker must provide a full criminal and vulnerable sector police check, and completes training based on the YMCA's child safety and protection policy.

## **Behavior Policy**

The YMCA of CEO strives to be a fun, safe and active environment where everyone has a chance to be their best. All campers, staff and volunteers pledge to treat each other with dignity, inclusion and respect. Behaviour that prevents others from enjoying a positive camp experience will not be permitted.

Please fill out the registration form in detail so that we can support your camper to the best of our ability. Campers may be removed from camp based upon inappropriate or unsafe behavior such as abusive language, aggression or use of prohibited items such as (but not limited to) tobacco, alcohol, non-prescription drugs or offensive printed materials. **Refunds are not granted if a camper is sent home for misconduct.**



# Frequently Asked Questions

## How Do We Sign In and Out?

To ensure the safety and well-being of each camper; we require all campers to be signed in and out everyday by a parent or guardian 16 years or older. Please inform the sign in staff daily if there are any custody issues or extenuating circumstances we should be aware of. The sign in guardian will indicate who will be picking up the camper that day. The camper will be released to any person listed on the registration form under 'Who is authorized to pick up the camper'. Be prepared to present **Government Issued Photo Identification** when picking up campers.

## How Do I Register?

Registration can be done online at <https://ymcaofceo.ca/camp/> or in person at the Balsillie Family Branch. At time of registration, a \$25 deposit per week is required. The remaining payment may be made in full or payment will be set up to process 2 weeks prior to each camp week by pre-authorized chequing (VOID cheque or pre-authorized debit sheet from your bank required at registration), VISA, AMEX or Mastercard. Payments must be received in full at least 2 weeks prior to each camp week or the camper could be removed. A \$20 NSF fee will apply to any payments that are returned to us.

## Helpful Tip

When registering online please fully complete one week of camp and this will save your answers. You can then complete registration for the remainder of your chosen weeks and not need to re-answer the questions. Please answer all questions fully and to the best of your ability.

The YMCA of Central East Ontario strives to provide a fun and inclusive experience for all of our campers. Please make us aware of any special requirements for mobility, behavior, or other resources your child may need to participate. The more informed we are, the better service we can provide. If your child requires special assistance at school, they will be best cared for and set up for success with 1:1 support at camp (the YMCA is not able to provide 1:1 support).

**Early Bird Registration begins February 5, 2024. Rates increase March 15, 2024.**

## What If I Can't Afford the Camp Fees?

With the assistance of our Strong Kids Campaign, the YMCA fulfills our Mission by ensuring children, regardless of their financial circumstances can enjoy a positive day camp experience. Please stop by our Membership Services desk and we can assist anyone limited by their financial situation.

## Refund Policy

Requests for refund/credit or swap must be requested in writing at least 14 days in advance of the session start date. A \$25 administration fee applies to any camp refund (including those with a medical certificate). If cancellation is within 7 days of the camp starting, no refund will be issued. Refunds are not granted if a parent/guardian withdraws a camper early from the camp week or if a camper is sent home for misconduct.

## Where Can I Discuss My Camp Feedback?

Please contact the Camp Director [robert.labreche@ceo.ymca.ca](mailto:robert.labreche@ceo.ymca.ca) or Regional Supervisor [shannon.hunter@ceo.ymca.ca](mailto:shannon.hunter@ceo.ymca.ca) and share any feedback, positive experiences or concerns you may have. There is also a Camp Coordinator at each camp location who you can speak to as well.

## What Should My Child Bring to Camp?

Please bring the following items daily:

- Swimsuit and towel in a plastic bag
- Labelled reusable water bottle and snacks
- A hat, sunscreen, change of clothes and running shoes
- Weather appropriate clothing
- Nutritious PEANUT/NUT FREE Lunch (All lunches and snacks will be checked by the camp leaders at first snack to ensure the safety of all campers)
- Please label any homemade or food that does not contain an ingredients label with the ingredients

Please do not bring any valuables, toys, electronics or phones to camp. If these items are brought to camp, they will be removed and returned at the end of the day. The YMCA is not responsible for any lost items.

Lost and Found Items will be available at the camp sites for 2 weeks and then they will be donated.

## Camp Reminders

Please remember to label all of your child's belongings!

Valuables should stay at home. Money, electronic games, phones, iPods, jewellery, etc. are not always safe at camp.

For the safety of all campers, we ask that all parents and guardians provide Government Issued Photo ID when picking up your children.

Due to allergies, we ask that no nut or peanut products be brought to camp.

## Camp Checklist

- √ Reusable Water Bottle
- √ Sunscreen
- √ Hat
- √ Swimsuit & Towel
- √ Running Shoes
- √ Nut Free Lunch & Snacks
- √ Energy
- √ Smile

# YMCA Balsillie Branch Camps

## YMCA Balsillie Branch Camps

Drop Off/Pick Up: YMCA Balsillie Branch

Camp Hours: Monday - Friday 8:00am - 5:00pm

### Early Bird Camp Fees

Members \$225.00/wk | Non-Members \$250.00/wk

### Camp Fees After April 1, 2024

Members \$250.00/wk | Non-Members \$275.00/wk

### Camp Kinder - Ages 4-5

Ratio: 1 Counsellor to 8 Campers

Camp Kinder has been specially planned with our youngest campers in mind. We offer a safe setting with lower staff to camper ratios. This camp is a great introduction to structured programs. Campers have the opportunity to explore a variety of activities and materials. Each week also offers theme related activities, songs, circle time, stories and creative play. *Children must be 4 years of age by the week that they are enrolled in camp. All children in this age group must be able to independently toilet, dress and change themselves.*

### Camp Junior - Ages 6-8

Ratio: 1 Counsellor to 10 Campers

Camp Junior is designed for this age group's curiosity and energy. Each week presents a new theme which is highlighted in games, songs, arts and crafts, creative play, sports, adventures and more.

### Camp Senior - Ages 9-12

Ratio: 1 Counsellor to 15 Campers

During this multi-activity week, campers will play sports, get artsy, unplug from technology, and participate in a variety of games. Camp Senior will give campers the opportunity to learn, grow, make new friends, try new things and have fun.

Week	Dates	Theme
1	July 2-5*	Blast Off to Summer
2	July 8-12	Sea, Sand & Sun
3	July 15-19	Superheroes
4	July 22-26	Around the World
5	July 29- Aug. 2	Animal Kingdom
6	August 6-9*	Colours
7	August 12-16	Great Outdoors
8	August 19-23	Carnival
9**	August 26-30	Magic & Mysteries

\*Camp doesn't run July 1 or August 5. Fees are adjusted accordingly.

\*\*Week 9 is only available at YMCA Balsillie Branch camp.

### Boxed Lunches from The Good Baker Available

Your camper can enjoy a freshly made, kid-approved boxed lunch from The Good Baker at the YMCA. Lunches will be peanut free and feature balanced nutrition with an emphasis on quality ingredients.

Lunch for 1 Camper - \$6

Lunch and two Snacks for 1 Camper - \$9

For order details contact:

[thegoodbakerptbo@gmail.com](mailto:thegoodbakerptbo@gmail.com)

*Only available for YMCA Balsillie Branch camp.*



# Beavermead Camps

## Beavermead Camps

Drop Off/Pick Up: Beavermead Park

2011 Ashburnham Drive (play structure area by the beach)

**Camp Hours:** Monday - Friday 8:00am - 5:00pm

### Early Bird Camp Fees

Members \$225.00/wk | Non-Members \$250.00/wk

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Members \$250.00/wk | Non-Members \$275.00/wk

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## Camp Junior - Ages 6-8

Ratio: 1 Counsellor to 10 Campers

Camp Junior is designed for this age group's curiosity and energy. Each week presents a new theme which is highlighted in games, songs, arts and crafts, creative play, sports, outdoor adventures and more. Y Ventures establishes connections to nature through canoeing, explorations, and swimming.

## Camp Senior - Ages 9-12

Ratio: 1 Counsellor to 15 Campers

Campers will have the opportunity to engage in outdoor activities while acquiring new skills and building confidence. Camp Senior focuses on unique activities like scavenger hunts, relay races, canoeing, exploration, arts and crafts, and more. Campers will unplug from technology as they embark on adventures and make new friends.

Week	Dates	Theme
1	July 2-5*	Blast Off to Summer
2	July 8-12	Sea, Sand & Sun
3	July 15-19	Superheroes
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5	July 29- Aug. 2	Animal Kingdom
6	August 6-9*	Colours
7	August 12-16	Great Outdoors
8	August 19-23	Carnival

\*Camp doesn't run July 1 or August 5. Fees are adjusted accordingly.



# Lakefield Camps

## Lakefield Camps

**Drop Off:** Ball Diamond (2 Hague Blvd.)

**Pick Up:** Lakefield Beach (64 Hague Blvd.)

**Camp Hours:** Monday - Friday 8:00am - 5:00pm

### Early Bird Camp Fees

Members \$225.00/wk | Non-Members \$250.00/wk

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## Camp Junior - Ages 6-8

Ratio: 1 Counsellor to 10 Campers

Camp Junior is designed with this age group's curiosity and energy in mind. Campers will establish a connection with nature as they participate in beach play, canoeing, exploration, and more. The variety of activities, such as crafts, scavenger hunts, games, and sports, provide the opportunity to develop skills and confidence.

## Camp Senior - Ages 9-12

Ratio: 1 Counsellor to 15 Campers

Campers will unplug from technology as they embark on adventures and make new friends. Camp Senior provides the opportunity to try new things such as canoeing, nature walks, arts and crafts, and team building activities. Campers will strengthen their connection with nature and friends as they create lifelong memories.

Week	Dates	Theme
1	July 2-5*	Blast Off to Summer
2	July 8-12	Sea, Sand & Sun
3	July 15-19	Superheroes
4	July 22-26	Around the World
5	July 29- Aug. 2	Animal Kingdom
6	August 6-9*	Colours
7	August 12-16	Great Outdoors
8	August 19-23	Carnival

\*Camp doesn't run July 1 or August 5. Fees are adjusted accordingly.





# Buckhorn Camps

## Buckhorn Camps

**Drop Off/Pick Up:** Buckhorn Community Centre  
1782 Lakehurst Road, Buckhorn

**Camp Hours:** Monday - Friday 8:00am - 5:00pm

### Early Bird Camp Fees

Members \$225.00/wk | Non-Members \$250.00/wk

### Camp Fees After April 1, 2024

Members \$250.00/wk | Non-Members \$275.00/wk

## Camp Kinder - Ages 4-5

Ratio: 1 Counsellor to 8 Campers

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6	August 6-9*	Colours

\*Camp doesn't run July 1 or August 5. Fees are adjusted accordingly.

# Returning to Buckhorn!



# Leaders In Training

## Leaders in Training (LIT's) Ages 13-16

**Location:** Balsillie Family Branch, Board Room

**Dates:** July 2-12 or July 29-August 9 plus 1 week of volunteering at Beavermead, YMCA Balsillie Branch, Lakefield or Buckhorn (July 15-19 and August 12-16)

**Camp Hours:** Monday - Friday 8:00am - 5:00pm

### Early Bird Camp Fees

**Members** \$225.00/wk | **Non-Members** \$250.00/wk

### Camp Fees After April 1, 2024

**Members** \$250.00/wk | **Non-Members** \$275.00/wk

Do you want to make new friends? Build your confidence and skills for the future? Help your community? Feel even better about yourself? If so, the YMCA Youth Leaders in Training program (LIT's) could be for you.

Designed especially for youth between 13 and 16 years old, the program takes the best of today's youth and helps them become the leaders of tomorrow. LIT's combines leadership training, teamwork, self-government, and volunteer placement within camps to help build confidence – and connections.

This program can open doors for you, giving you the opportunity to:

- Meet other youth
- Build new skills
- Participate and get involved in your community
- Earn volunteer hours

This two-week program will be in two sections. For one week participants will learn the technical skills associated with delivering camp activities through group discussions, guest speakers and activities. The participants will then volunteer for a week to have the chance to apply skills learned and continue to grow as leaders with a focus on increased responsibility. The LIT staff will try to accommodate all time and location requests when scheduling the placements.



If participants would like to continue to volunteer through the summer, they are welcome to return if they have shown strong leadership in their placement week.

LIT participants may participate in a walking excursion to Beavermead park to work with the camp groups there as well as play games with the larger camp space. (Please see page 2 Camp Trips/Outings).



# Tentative Daily Schedule

	Camp Kinder	Camp Junior	Camp Senior
8:00-9:00am	<b>Arrival/ Sign-In</b>		
9:00-9:30am	<b>Morning Circle</b> All campers come together to welcome the camp day (camp rules, songs, circle games) <b>Group Time:</b> Review of camp values, review value of the day, go over daily activities, sunscreen, SNACK		
	<b>Activity Block 1</b>  <b>Activity Block 2</b>	<b>Activity Block 1</b>  <b>Activity Block 2</b>	<b>Activity Block 1</b>  <b>Activity Block 2</b>
Noon	<b>LUNCH</b> (Sunscreen)		
12:30pm	<b>Free Choice</b> - Games, climbers, colouring & bracelets, sports		
	<b>Activity Block 3</b>  <b>Activity Block 4</b>	<b>Activity Block 3</b>  <b>Activity Block 4</b>	<b>Activity Block 3</b>  <b>Activity Block 4</b>
4:00pm	<b>Afternoon Circle</b> Program announcements, individual/group beads for demonstration of character, SNACK		
4:30-5:00pm	<b>Sign-Out</b> Organized activity stations		

**Activity Blocks** include a variety of different activities that are designed to match the weekly theme. The staff will introduce new and exciting activities on a daily basis to complement the traditional camp games that the children look forward to year after year. The activities are organized in a way that balances high energy activities with quiet activities while adapting to the needs of the campers, the weather, and the camp area. Examples of daily activities include: active games, teambuilding activities, nature activities, crafts, science experiments, trivia, scavenger hunts, sports, and more.

**Swimming or Water Activities:** All camps will participate in swimming or water activities daily. Swimming times may be subject to change depending on the weather, the condition of the pool/lake, and the size of the camp group. Staff will provide adequate time for the campers to change to ensure they do not miss out on their swim time or activities. Swim times may be changed to water activities depending on water quality and availability.

**Canoeing:** Canoeing lessons are offered by a certified lifeguard at our Beavermead and Lakefield camp locations. Campers at Beavermead and Lakefield will participate in weekly canoeing. Canoeing is subject to change depending on the weather, water conditions, and size of the group. We strive to offer an alternate canoe time in the event that we cannot participate in our originally scheduled time. These alternative canoe times are also subject to change.

This schedule may vary to accommodate special events and weather conditions. A weekly newsletter that outlines a detailed schedule based on the weekly theme and upcoming events will be distributed on the first day each week.





**Balsillie Family Branch**  
123 Aylmer Street South  
Peterborough  
705-748-9622

**Belleville Branch**  
433 Victoria Avenue  
Belleville  
613-966-9622

**John Williams YMCA**  
50 Monogram Place  
Trenton  
613-394-9622