



Belleville Branch

Open Gym Schedule Effective Monday, January 8th, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 6:00am - 8:15am					Open Gym 7:00am-8:45am	
8:30-11:30am Fitness Classes	8:30-10:30am Fitness Classes	8:30-11:30am Fitness Classes	8:30am- 1:15pm Fitness Classes	8:30-10:45am Fitness Classes	9:00-12:15pm Fitness Class/Programs	9:00-11:00am Youth Programs
11:30am- 5:15pm Open Gym	10:30- 11:45am Open Gym	11:30- 12:00pm Open Gym	1:15-3:45 Open Gym	10:45-8:45pm Open Gym	12:15-2:45pm Open Gym	11:00-2:45pm Open Gym
5:30-6:30pm Fitness Class	11:45-2:15pm Fitness Class	12:00-1:00pm Basketball 1:00-2:15pm Pickleball	4:00-4:45pm Drop in Dance Fit			
6:30-8:45pm Open Gym	2:15-5:15pm Open Gym	2:15-5:15 Open Gym	5:30-6:30 Fitness Class			
	5:30-6:30pm Fitness Class	5:30-6:45pm Fitness Class	5:30-6:30 Fitness Class			
	6:30 – 8:45pm Open Gym	6:45-8:45pm Open Gym	6:30 – 8:45pm Open Gym			

This schedule is subject to change at any time. For more information, please contact the Supervisor of Child, Youth and Family Programs, Amanda Quinn at amanda.quinn@ceo.ymca.ca.