

Studio/Gym Space Schedule

Starting Monday, September 18th, 2023

PETERBOROUGH (BALSILLIE YMCA)

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday									
	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym								
6:00-6:30	Fitness	Open	Fitness	Open	Open	Open	Open	Open	Fitness	Open	Open	Open	Open	Open	6:00-6:30							
6:30-7:00			Fitness		Open				Open						Fitness	Open	Open	6:30-7:00				
7:00-7:30	Open		Open	Open	Open		Open		Open		Open				Open	Open	Open	Open	Open	Open	Open	7:00-7:30
7:30-8:00																						2
8:00-8:30	Open	2	Open	Pickle Ball	Open	2	Fitness	Open	2	Open	2	Fitness	Open	2	Open	8:00-8:30						
8:30-9:00																2	2	2	2	2	2	2
9:00-9:30	Open	Fitness	Open	Pickle Ball	Open	Fitness	Open	Fitness	Open	Fitness	Open	Fitness	Open	Fitness	Open	9:00-9:30						
9:30-10:00																2	2	2	2	2	2	2
10:00-10:30	Fitness	Family Drop-In 1	Fitness	Youth Programs	Fitness	Family Drop-In 1	Open	Fitness	Youth Programs	Fitness	Family Drop-In 1	Youth Programs	Youth Programs	Open	Pickle Ball	10:00-10:30						
10:30-11:00																1	1	1	1	1	1	1
11:00-11:30	Open	Open 2	Fitness	Youth Programs	Open	Open 2	Fitness	Youth Programs	Open	Open 2	Youth Programs	Youth Programs	Youth Programs	Open	Pickle Ball	11:00-11:30						
11:30-12:00																2	2	2	2	2	2	2
12:00-12:30	Fitness	Pickle Ball	Open	Open	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	12:00-12:30						
12:30-1:00																1	1	1	1	1	1	1
1:00-1:30	Fitness	Pickle Ball	Open	Open	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	1:00-1:30						
1:30-2:00																1	1	1	1	1	1	1
2:00-2:30	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	2:00-2:30						
2:30-3:00																2	2	2	2	2	2	2
3:00-3:30	Open	Youth Programs	Open	Open	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	3:00-3:30						
3:30-4:00																1	1	1	1	1	1	1
4:00-4:30	Open	Youth Programs	Youth Programs	Youth Programs	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	4:00-4:30						
4:30-5:00																1	1	1	1	1	1	1
5:00-5:30	Fitness	Youth Programs	Youth Programs	Youth Programs	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	5:00-5:30						
5:30-6:00																1	1	1	1	1	1	1
6:00-6:30	Fitness	Youth Programs	Youth Programs	Youth Programs	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	6:00-6:30						
6:30-7:00																1	1	1	1	1	1	1
7:00-7:30	Open	Drop-In Badminton	PTBO Swim	Pickle Ball	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	7:00-7:30						
7:30-8:00																1	1	1	1	1	1	1
8:00-8:30	Open	Drop-In Badminton	PTBO Swim	Pickle Ball	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	8:00-8:30						
8:30-9:00																1	1	1	1	1	1	1
9:00-9:30	Open	Drop-In Badminton	PTBO Swim	Pickle Ball	Fitness	Pickle Ball	Open	Open	Open	Pickle Ball	Open	Youth Programs	Youth Programs	Open	Open	9:00-9:30						
9:30-10:00																1	1	1	1	1	1	1

*Schedule is subject to change on Holidays and PA days.

*Numbers on schedule indicate the maximum number of nets that may be used during those times. Based on volume of participants