


## NEW FALL PROGRAMS

Preschool, Children & Youth Program Schedule Effective Monday, September 18<sup>th</sup>, 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Kids Kare</b> 9am-12pm Kids Kare Room	<b>Kids Kare</b> 9am-12pm Kids Kare Room	<b>Kids Kare</b> 9am-12pm Kids Kare Room	<b>Kids Kare</b> 9am-12pm Kids Kare Room	<b>Kids Kare</b> 9am-12pm Kids Kare Rm	<b>Sensory Play</b> 8:15am-8:45pm Kids Kare Room	<b>Basketball Skills and Drills</b>
<b>Sensory Play</b> 12:30pm-1:00pm Kids Kare Room	<b>Active Tots</b> 12:30pm-1:00pm Gym	<b>Kindergarten Prep</b> 12:30pm -2:30pm Kids Kare Room	<b>Totnastics 1.5-4yrs</b> 12:30pm-1:00pm TBD		<b>Kinder Dance 4-6yrs</b> 9:00am-9:45am	<b>Ages 6-8</b> 9am-9:45am
<b>Creative Play 1.5-3yrs</b> 4:30pm-5:00pm Multipurpose Rm	<b>Active Kids</b> <b>4-6yrs</b> 5:00pm-5:30pm <b>7-9yrs</b> 5:45-6:30pm Ninja Room	<b>All Sorts of Sports 1.5-3 yrs</b> 4:30-5:00pm Ninja Room	<b>Ninja Turtles 1.5-3yrs</b> 4:30pm-5:00pm Ninja Room		<b>Totnastics 1.5-4yrs</b> 10:15am-11:00am Gym	<b>Ages 9-11</b> 9:45-10:45
<b>Arts &amp; Crafts</b> <b>4-6yrs</b> 5:15pm-5:45pm <b>7-9 yrs</b> 5:45pm-6:30pm Multipurpose Rm	<b>Active Youth 10-14yrs</b> 6:30pm-7:15pm Ninja Room	<b>Little Scientists 4-5yrs</b> 5:00pm-5:30pm Multipurpose Rm	<b>Dance</b> <b>7-10yrs</b> 4:30-5:00pm <b>11-14yrs</b> 5:15-6:00pm Studio		<b>Kidnastics</b> <b>4-6yrs</b> 11:00-11:45 <b>7-10yrs</b> 11:45-12:30 Gym	<b>Ages 12-14</b> 10:45-11:45am
<b>Youth Crafting 10-14yrs</b> 6:30pm-7:15pm Multipurpose Rm		<b>All Sorts of Sports</b> <b>4-6 yrs</b> 5:00-5:30pm <b>7-10 yrs</b> 5:30-6:15pm <b>11-15 yrs</b> 6:15-7:00pm Meet in Ninja Room	<b>Superhero Training</b> <b>4-6yrs</b> 5:00pm-5:30pm Ninja Room			
		<b>Science Rocks</b> <b>6-8yrs</b> 5:45pm-6:30pm <b>9-12yrs</b> 6:30-7:15pm Multipurpose Rm	<b>Ninja Warrior Training</b> <b>7-9yrs</b> 5:45-6:30pm 10-12yrs 6:30-7:15pm Ninja Room			
		<b>Teen Cardio Fit</b> <b>10-11yrs</b> 5:00-6:00pm <b>Teen Strength</b> <b>12-14yrs</b> 6:00-7:00pm				