

Studio/Gym Space Schedule

Starting Monday January 9th, 2023

PETERBOROUGH (BALSILLIE YMCA)

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday																					
	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym	Studio	Gym																				
6:00-6:30	Fitness	Open	Fitness	Open	Open	Open	Open	Open	Fitness	Open	Open	Open	Open	Open	6:00-6:30																			
6:30-7:00			Open		Fitness				Open						Open	Open	Open	Open	Open	Open	Open	Open	Open	6:30-7:00										
7:00-7:30	Open		Open				Open																	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	7:00-7:30
7:30-8:00				Fitness	Open				Open						Open	Open	Open	Open	Open	Open	Open	Open	Open											7:30-8:00
8:00-8:30																																		Open
8:30-9:00	Fitness	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	8:30-9:00																			
9:00-9:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	9:00-9:30					
9:30-10:00	Fitness	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															9:30-10:00					
10:00-10:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	10:00-10:30					
10:30-11:00	Fitness	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															10:30-11:00					
11:00-11:30															Family Drop-In	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	11:00-11:30					
11:30-12:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															11:30-12:00					
12:00-12:30															Fitness	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	12:00-12:30					
12:30-1:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															12:30-1:00					
1:00-1:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	1:00-1:30					
1:30-2:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															1:30-2:00					
2:00-2:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	2:00-2:30					
2:30-3:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															2:30-3:00					
3:00-3:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	3:00-3:30					
3:30-4:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															3:30-4:00					
4:00-4:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	4:00-4:30					
4:30-5:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															4:30-5:00					
5:00-5:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	5:00-5:30					
5:30-6:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															5:30-6:00					
6:00-6:30															Fitness	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	6:00-6:30					
6:30-7:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															6:30-7:00					
7:00-7:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	7:00-7:30					
7:30-8:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															7:30-8:00					
8:00-8:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	8:00-8:30					
8:30-9:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															8:30-9:00					
9:00-9:30															Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	9:00-9:30					
9:30-10:00	Open	Open	Pickle Ball	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open															9:30-10:00					

*Schedule is subject to change on Holidays and PA days.