



Balsillie Family Branch Pool Schedule

Pool Schedule	Monday		Tuesday		Wednesday		Pool Schedule	Thursday		Friday		Saturday		Sunday		
	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool		Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	Therapy Pool	Lap Pool	
6am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	6am	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	6am
7am			Gentle Aqua Fit		Gentle Aqua Fit		7am	Gentle Aqua Fit								7am
8am			Open Member		Open Member		8am	Open Member								8am
9am	Gentle Aqua Fit	Swimming Lessons	Adult Swim	Gentle Aqua Fit	Adult Swim	Gentle Aqua Fit	9am	Swimming Lessons	Adult Swim	Gentle Aqua Fit	Gentle Aqua Fit	Swimming Lessons	Swimming Lessons	Open Swim	Open/Lane Swim	9am
10am	Gentle Aqua Fit			Gentle Aqua Fit		10am	Gentle Aqua Fit	10am								
11am	Deep-water Aqua Fit (3 lanes) and Adult swim			Deep-water Aqua Fit (3 lanes) and Adult swim		11am	Deep-water Aqua Fit (3 lanes) and Adult swim	11am								
12pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	12pm	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	12pm
1pm	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	1pm	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	1pm
2pm	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	2pm	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	Open Swim	Open/Lane Swim	2pm
3pm							3pm									3pm
4pm							4pm									4pm
5pm	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	Swimming Lessons	5pm	Swimming Lessons	Adult Swim	Swimming Lessons	Adult Swim	Swimming Lessons	Adult Swim	Swimming Lessons	Adult Swim	5pm
6pm							6pm									6pm
7pm							7pm									7pm

Hot Tub Hours 6:00am -7:45pm FIRST COME, FIRST SERVE Maximum 2 swimmers at a time