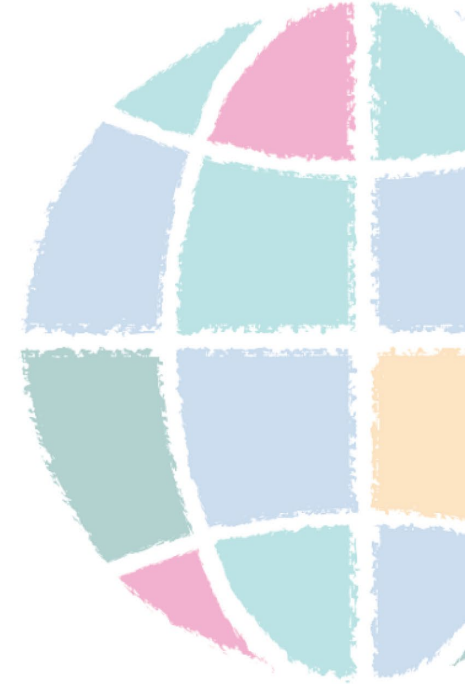


NOVEMBER 14-21

Build community. Act for peace.



YMCA
peace
week



Belleville Branch

	Monday November 16	Tuesday November 17	Wednesday November 18	Thursday November 19	Friday November 20
10:00am -10:45am	Nya Dance	Aqua Yoga for Peace	Yoga for Peace	Aqua Yoga for Peace	Pilates
11:00am - 12:00pm	Meditation			Meditation	
5:30pm - 6:00pm		Aqua Yoga		Aqua Yoga	
6:00pm - 6:30pm		Aqua Float		Aqua Float	
7:15pm - 7:45pm			Nya Dance		