



YMCA of Central East Ontario

Belleville Branch Pool Schedule Effective February 4, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	7:30-8:30am Open Lengths	7:30-10:00 am Open Lengths
8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:30-12:00am Y Lessons	10:00-11:45am Family/Youth swim
8:45-9:30am Aqua Fit	8:45-9:30am Aqua Yoga	8:45-9:30am Aqua Fit	8:45-9:30am Aqua Yoga	8:45-9:30am Aqua Fit	12:00-1:00pm Open Lengths	11:45 – 1:00pm Open Lengths
9:30- 10:00am Aqua Yoga	9:30-10:00am Preschool lessons	9:30-10:00am Aqua Yoga	9:30-11:00am Harry J. Clarke January/19	9:30-10:00am Aqua Yoga	1:00-4:00 pm Family /Youth Swim	1:00-1:30 pm Y tri
10:00-10:30am Pre-School Lessons	10:00-10:45 am Family Swim	10:00-10:45am Adult Rec Swim Team		10:00-10:45am Family Swim		2:00-4:00 pm Family Youth Swim
10:45-11:30am Aqua Fit	10:45-11:30pm Harry J	10:45-11:30am Aqua Fit		10:45-11:30am Aqua Fit		
11:30-12:45pm Open Lengths	11:30am-12:45 pm Open Lengths	11:30-1:00pm Open Lengths	11:30-12:45 pm Open Lengths	11:30-12:45pm Open Lengths		
12:45-1:30 pm AquaFit	12:45-1:30 pm Aqua Fit	1:00-1:45 pm Aqua Jog	12:45-1:30 pm Aqua Fit	12:45 – 1:30 pm Aqua Fit	**Requires Registration** **Pool Reserved** Holiday Hours Adult Lengths 9:00am-11:30am Family Swim 11:30am-1:30pm	
1:30-2:30 Eastside High	1:30-2:30pm Eastside High	1:45-2:30pm Aqua Yoga	1:30- 2:30pm Eastside High	1:30-2:15 pm Eastside High		
2:30-3:15pm Adult Rec Swim Team	2:30-3:15pm Ladies Syncro/ Adult Lessons	2:30-3:00 pm Open Lengths	2:30-3:15pm Ladies Syncro/Adult Lessons	2:15-3:00 pm Montessori		
3:15 – 4:00pm Open Lengths/BTB	3:15-4:00pm Open Lengths	3:00-6:00 pm Y Lessons/BTB	3:15-4:00pm Open Lengths	3:15- 4:00pm Open Lengths/BTB		
4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons		4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons		
7:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/youth Swim	6:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/Youth Swim & Leadercorps	7:00-9:00 pm Family/Youth Swim		
8:00-8:30pm Adult Lessons	8:00-8:45 pm Adult Rec Swim Team	8:00-9:30pm Bronze	8:00-8:45 pm Adult Rec Swim Team			
8:30-9:00pm Open Lengths						