



## March Break Schedule Changes

Tuesday, March 12<sup>th</sup> Tai Chi @ 8:00AM is moving to Gym  
Yoga @ 5:45 is cancelled

Wednesday, March 13<sup>th</sup> Yin Yoga @ 11:30 is moved to the Gym

Thursday, March 15<sup>th</sup> Tai Chi @ 11:30 moved to Gym  
Yoga @ 5:00 is cancelled

Friday, March 16<sup>th</sup> Meditation @ 10:45 no class  
Yoga @ 12:10 Gym

*Building healthy  
communities*

ATTENTION