



# YMCA of Central East Ontario

## Belleville Branch Pool Schedule Effective February 4, 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	7:30-8:30am Open Lengths	7:30-10:00 am Open Lengths	
<b>8:00-8:45am Aqua Fit</b>	<b>8:00-8:45am Aqua Fit</b>	<b>8:00-8:45am Aqua Fit</b>	<b>8:00-8:45am Aqua Fit</b>	<b>8:00-8:45am Aqua Fit</b>	8:30-12:00am Y Lessons	10:00-11:45am Family/Youth swim	
<b>8:45-9:30am Aqua Fit</b>	<b>8:45-9:30am Aqua Yoga</b>	<b>8:45-9:30am Aqua Fit</b>	<b>8:45-9:30am Aqua Yoga</b>	<b>8:45-9:30am Aqua Fit</b>	12:00-1:00pm Open Lengths	11:45 – 1:00pm Open Lengths	
9:30- 10:00am Aqua Yoga	9:30-10:00am Preschool lessons	9:30-10:00am Aqua Yoga	9:30-11:00am <b>Harry J. Clarke January/19</b>	<b>9:30-10:00am Aqua Yoga</b>	<b>1:00-4:00 pm Family /Youth Swim</b>	<b>1:00-1:30 pm Y tri</b>	
<b>10:00-10:30am Pre-School Lessons</b>	10:00-10:45 am <b>Harry J.</b>	10:00-10:45am Adult Rec Swim Team		<b>10:00-10:45am Family Swim</b>		2:00-4:00 pm Family Youth Swim	
<b>10:45-11:30am Aqua Fit</b>	10:45-11:30pm Family Swim	<b>10:45-11:30am Aqua Fit</b>		<b>10:45-11:30am Aqua Fit</b>			
11:30-12:45pm Open Lengths	11:30am-12:45 pm Open Lengths	11:30-1:00pm Open Lengths	11:30-12:45 pm Open Lengths	11:30-12:45pm Open Lengths			
<b>12:45-1:30 pm AquaFit</b>	<b>12:45-1:30 pm Aqua Fit</b>	<b>1:00-1:45 pm Aqua Jog</b>	<b>12:45-1:30 pm Aqua Fit</b>	<b>12:45 – 1:30 pm Aqua Fit</b>		<b>**Requires Registration**</b>  <b>**Pool Reserved**</b>  <b>Holiday Hours</b>  <b>Adult Lengths 9:00am-11:30am</b>  <b>Family Swim 11:30am-1:30pm</b>	
1:30-2:30 Eastside High	1:30-2:30pm Eastside High	<b>1:45-2:30pm Aqua Yoga</b>	<b>1:30- 2:30pm Eastside High</b>	1:30-2:15 pm Eastside High			
2:30-3:15pm Adult Rec Swim Team	2:30-3:15pm Ladies Syncro/ Adult Lessons	2:30-3:00 pm Open Lengths	2:30-3:15pm Ladies Syncro/Adult Lessons	2:15-3:00 pm Montessori			
3:15 – 4:00pm Open Lengths/BTB	3:15-4:00pm Open Lengths	3:00-6:00 pm Y Lessons/BTB	3:15-4:00pm Open Lengths	3:15- 4:00pm Open Lengths/BTB			
4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons		4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons			
<b>7:00-8:00pm Family/Youth Swim</b>	<b>7:00-8:00pm Family/youth Swim</b>	<b>6:00-8:00pm Family/Youth Swim</b>	<b>7:00-8:00pm Family/Youth Swim &amp; Leadercorps</b>	<b>7:00-9:00 pm Family/Youth Swim</b>			
8:00-8:30pm Adult Lessons	8:00-8:45 pm Adult Rec Swim Team	8:00-9:30pm Bronze	8:00-8:45 pm Adult Rec Swim Team				
8:30-9:00pm Open Lengths							