



YMCA of
Central East Ontario

Volunteer Opportunity

Fitness Centre Ambassador

Get started today

Make a difference in your community

Be a part of the YMCA volunteer family

Job Summary

- The Conditioning Centre Ambassador provides supervision of the conditioning and the cardio conditioning area. The Ambassador serves as an attendant on the floor greeting and helping members in these areas and delivering fitness orientations to individual members or member groups.
- A Fitness Centre Ambassador will help to create and maintain a welcoming, friendly, safe and respectful environment which promotes the YMCA core values by role modeling socially responsible behavior.

Requirements

- Certification: YMCA Fitness – Basic Theory, YMCA Individual Conditioning Level I, Individual Conditioning Level II (certifications / training opportunities are made available to volunteers and members)
- Current Standard First Aid, CPR C, AED
- Clear Criminal Reference Check is required.

Competencies

- To provide supervision of the conditioning centre
- To deliver fitness orientations to members
- Maintain the conditioning areas in a clean, tidy and safe condition
- To create a safe, friendly and welcoming atmosphere
- To follow YMCA SAM standards to give the highest quality care to members
- To ensure excellent customer services is provided
- To maintain and develop positive relationships

Benefits

- Develop new skills
- Make new friends that share a common passion for fitness and wellbeing
- Inspire others to lead a healthier lifestyle

Contact

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Building healthy communities

