



Volunteer Opportunity Aquafitness Instructor

Get started today

Make a difference in your community

Be a part of the YMCA volunteer family

Job Summary

The Aquatic Fitness Instructor plans, leads and instructs members in water fitness classes according to the class description. The Instructor greets and welcomes members to each class, making a special effort to get to know members on a first name basis – and ensures class design is progressive over time to reflect increasing fitness levels of members.

Requirements

- Minimum 16 years of age
- Current YMCA Group Fitness Instructor (Water Fitness Module) or equivalent
- Current Emergency or Standard First Aid and CPR-C
- Completion of volunteer documentation and criminal record check
- Attend fitness instructor meetings
- NLS (Lifeguard certification) would be an asset

Competencies

Commitment to the Vision and Values: An appreciation and devotion for the mission, vision and values of the YMCA

Communication: Communicates in a thorough, clear and timely manner and supports information sharing and goal achievement across the YMCA

Teamwork: Actively builds teams and encourages open relationship

Flexibility/Managing Change: Ability to know your environment, initiate and respond effectively to changing conditions

Benefits

- Be a part of the YMCA team and promote the YMCA of Central East Ontario's mission, vision and core values
- Create new experiences
- A great way to acquire volunteer hours for school or courses

Contact

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Building healthy communities

