



YMCA of Central East Ontario
City of Quinte West Branch

POSITION VACANCY: Aquafit Instructor

EFFECTIVE: Immediately

REPORTS TO: Kit McCandie

STATUS: 5 – 10 hours/week

OVERVIEW:

The YMCA of Central East Ontario is a charity committed to strengthening the foundations of community. We are dedicated to helping people grow in spirit, mind and body.

All offers of employment will be subject to the provision that the successful incumbent provides the YMCA of Central East Ontario with a current (within 30 days of hire) and satisfactory Police Records Check with vulnerable sector screening.

GENERAL ACCOUNTABILITY:

Attend fitness instructor meetings NLS (Lifeguard certification) would be an asset

KEY RESPONSIBILITIES:

- plan, lead and instruct members in water fitness classes according to the class description.
- greet and welcome members to class, making effort to get to know participants' limitations
- ensure class design accommodates deep and shallow water exercises and modifications are offered for a range of strength/mobility issues
- ensure class design accommodates range in fitness levels, experience and abilities

WORKING CONDITIONS:

- Standard First Aid & CPR C
- Able to work early mornings, afternoons and evenings

EDUCATION/TRAINING/QUALIFICATIONS:

- Minimum 16 years of age
- Current YMCA Group Fitness Instructor (Water Fitness Module) or equivalent
- Current Emergency or Standard First Aid and CPR-C
- Clear criminal record check

EXPERIENCE:

- Experience preferred but willing to mentor novice instructor

CORE COMPETENCIES:

Insert Competency	Insert Competency Description
<i>Commitment to the Vision and Values</i>	An appreciation and devotion for the mission, vision and values of the YMCA
<i>Communication:</i>	Communicates in a thorough, clear and timely manner and supports information sharing and goal achievement across the YMCA
<i>Teamwork</i>	Actively builds teams and encourages open relationship
<i>Flexibility/Managing Change</i>	Ability to know your environment, initiate and respond effectively to changing conditions

All interested candidates are to submit a letter of application and resume to:

Kit McCandie

Supervisor Health, Fitness and Recreation

YMCA of Central East Ontario – Quinte Qest branch

50 Monogram Place, Trenton, ON K8V 5P8

Kit.mccandie@ceo.ymca.ca

Applications will be received until September 30, 2018

We appreciate your interest in a career opportunity with the YMCA of Central East Ontario. Please note that only those selected for an interview will be contacted.

The YMCA of Central East Ontario is committed to an environment that is barrier free; if you require accommodation during the hiring process, please inform us in advance so that we can arrange reasonable and appropriate accommodation. The YMCA of Central East Ontario values the diversity of people and communities and is committed to excellence and inclusion in our Association.