



YMCA of Central East Ontario

Belleville Branch Pool Schedule Effective January 8, 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	6:00-8:00am Open Lengths	7:30-8:30am Open Lengths	7:30-10:00 am Open Lengths
8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:00-8:45am Aqua Fit	8:30-12:00am Y Lessons	10:00-11:45am Y Lessons
8:45-9:30am Aqua Fit	8:45-9:30am Aqua Fit	8:45-9:30am Aqua Fit	8:45-9:30am Aqua Fit	8:45-9:30am Aqua Fit	12:00-1:00pm Open Lengths	11:45 – 1:00pm Open Lengths
9:30- 10:00am Aqua Yoga	9:30-10:15am Aqua Yoga	9:30-10:00am Aqua Yoga	9:30-10:00am Aqua Yoga	9:30-10:00am Aqua Yoga	1:00-2:00pm Sensory Swim	1:00-1:30 pm Y tri
10:00-10:30am Pre-School Lessons	10:15-10:45am Pre-School Lessons	10:00-10:45am Masters 55+	10:00-11:30am Family/Youth swim Rental Jan. 17,2018	10:00-10:45am Family Swim		2:00-3:00 pm Birthday Parties
10:45-11:30am Aqua Fit	10:45 – 11:15 am Parent & Tot Aqua Fit	10:45-11:30am Aqua Fit/Parent & Tot Aqua Fit		10:45-11:30am Aqua Fit	2:00-3:00 pm Birthday Parties	
	10:45-11:30am Family Swim					3:00-4:00 pm Family Youth Swim
11:30-1:00pm Open Lengths	11:30am-1:00pm Open Lengths	11:30-1:00pm Open Lengths	11:30-1:00pm Open Lengths	11:30-1:00pm Open Lengths	**Requires Registration** **Pool Reserved**	
1:00-2:30 pm Moira High	1:00-1:45pm Aqua Fit	1:00-1:45pm Aqua Jog	1:00-1:45pm Aqua Fit	1:00-2:30 pm Moira High		
	1:45-2:30pm Moira High	1:45-2:30pm Aqua Yoga	1:45- 2:30pm Aqua Yoga			
2:30-3:15pm Masters 55+	2:30-3:15pm Ladies Syncro/ Adult Lessons	2:30-3:15pm School Rental	2:30-3:15pm Ladies Syncro/Adult Lessons	2:30-3:15pm Montessori		
3:15 – 4:00pm Open Lengths	3:15-4:00pm Open Lengths	3:15-4:00pm Open Lengths	3:15-4:00pm Open Lengths	3:15- 4:00pm Open Lengths		
4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons	4:00-7:00pm Y Lessons		
7:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/youth Swim	7:00-8:00pm Family/Youth Swim	7:00-8:00pm Family/Youth Swim	7:00-9:00 pm Family/Youth Swim		
8:00-8:30pm Adult Lessons	8:00-9:00 pm Open lengths	8:00-9:30pm Bronze	8:00-9:00pm Open Lengths			
8:30-9:00pm Open Lengths						