

Hours of Operation

Monday to Friday

5:30am – 10:00pm

Saturday & Sunday

7:30am – 5:30pm

Statutory Holidays

9:00am – 2:00pm



YMCA of Central East Ontario

Belleville Branch

433 Victoria Ave

Belleville, Ontario K8N 2G1

Tel. 613-966-9622

Fax. 613-962-9247

<http://www.ymcaofceo.ca>

Effective January 8, 2018 Winter Session

Child, Youth and Family Programs Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
KidsKare	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 1:00pm	8:30 – 12:00pm	
Parent and Tot Drop In		Stay and Play (1-3 yrs) 10:00-11:30am		Fun Factory (1-3 yrs) 10:00-11:30am		Tumble Tots (1-3yrs) 9:30-10:30am	
Family Drop In	Family Fun Zone 10:45 – 11:30am		Family Fun Zone 10:45 – 11:30am			Family Fun Zone 11:00-12:00pm	
Youth Drop In	Youth Drop In Ages 7+ 4:00pm-6:15pm	Youth Drop In Ages 7+ 4:00-4:45pm	Youth Drop In Ages 7+ 4:00pm-5:30pm	Youth Drop In Ages 7+ 4:00-4:45pm	Youth Drop In Ages 7+ 4:00pm-6:00pm		
Youth Programs	Yoga for Youth 4:30-5:15pm(6-13 yrs)	Tiger Tots (4-6 yrs) 4:00-4:30pm 4:30-5:00pm	Teen Strength (10-14 yrs) 4:00-5:00pm	Gymnastics 4:00-4:45pm (10-13 yrs) 4:45-5:30pm (7-9 yrs)			Y-Tri 1:00-2:45pm (10+) 1:00-2:45pm (19+)
	Youth Dance (7-9 Yrs) 4:45-5:30pm	Soccer 4:45-5:30pm (10-13 yrs) 5:30-6:15pm (4-6 yrs) 6:15-7:00pm(7-9 yrs)	Science 5:00-5:45pm (4-13yrs)	Y Kids (4-10 yrs) 4:45-7:00pm	Parent's Night Out Jan 26 – 6:00-9:00pm Mar 23– 6:00-9:00pm Apr 20 – 6:00-9:00pm June 15– 6:00-9:00pm	Snack Attack 10:00-11:00 (7+)	
	Sportsmania 5:30-6:15pm (4+)	Youth & Family Martial Arts 7 yrs + 5:15-6:15pm	Drama (7 & up) 4:30-5:30pm	Kidnastics (4-6 yrs) 5:30-6:15pm 6:15-7:00pm		Basketball 7+ 10:15-11:00am	
	Y Kids (4-10 yrs) 6:15-7:45pm	Artrageous 5:30-6:15pm (4-5 yrs) 6:30-7:15pm (6-8 yrs) 7:30-8:15pm (9-13 yrs)	Just us Guys (7-13 yrs) 5:30-7:00pm	Family Games Night 6:30-7:30pm		Ball Hockey 7+ 11:00-11:45am	
		Family Cyclefit 6:30-7:15pm *Height requirement*	TAG (7-9 yrs) 6:00-7:30pm				
		Youth Leadership (11-13 yrs) 6:30-8:30pm	Y Kids (4-10 yrs) 6:15-7:45pm			**NEW** Flick & Float & Overnight 5-12 yrs Feb 17 & May 5 5:30pm- 10:00pm \$20/\$25 Or overnight option 5:30pm-9:00am \$55/\$65 Details in the Fall brochure	
		LIT (14-16 yrs) 6:30-8:30pm					



Each One Teach One

The YMCA has partnered with the Belleville Rotary Club to provide a one-on-one literacy tutoring program. Students will receive a tutor who will work with them twice a week for an hour. All YMCA tutors are volunteers who have completed the Each One Teach One Training Program and have a clear criminal reference check.

Tuesdays & Thursdays 3:30pm-6:00pm.

PA Day Program

The camp experience is hard to beat! Memories of special friends and learning new skills – that's what its all about! A Camp Day includes swimming, outdoor activities, group games, crafts and more.

Ages 4-13

7:30am-6:00pm

February 2/18

April 13/18

May 18/18

June 29/18

For registration and more information please stop in at the Membership Service Desk.

Birthdays At the YMCA

Book a birthday with the YMCA! Birthdays can be booked on Saturdays or Sundays and include:
Option 1: 3 hours – 1:00pm-4:00pm – 1 hour of Gym Activities, 1 hour of swim, 1 hour in the party room, party host, pizza and juice.

Option 2: 2 hours -1:00pm-3:00pm – 1 hour of Gym Activities, 1 hour in the party room, the party host, pizza and juice

For more information please contact us at the Membership Services Desk or call us at (613)966-9622.

Babysitting Course

The babysitters course is designed to help you become confident and prepared to care for children of various ages, apply First Aid skills and what to do in emergency situations.

Registration Required

Ages 12+

9:00am-5:00pm

YM- \$40.00 NM-\$50.00

Belleville – April 21/18

Quinte West – February 3 & April 21/18

Parents Night Out

This special program allows parents to have a night out without hiring a babysitter. The program will treat the children to a night of fun activities including gym games, crafts and swim in a safe environment supervised by YMCA certified and trained staff.

Registration Required

Ages 4-10

6:00-9:00pm

YM-\$10.00 per child NM-\$12.00 per child

January 26/18

March 23/18

April 20/18

June 15/18

Home Alone Safety Course

This program will introduce and reinforce ideas to build confidence in young people who spend time at home alone.

Includes home and fire safety.

Registration Required

Ages 10+

9:00am-3:00pm

YM – No Charge NM - \$50.00

Belleville – February 24/18

Quinte West – March 3 & May 12/18