

**Hours of Operation**

Monday to Friday

5:30am – 10:00pm

Saturday &amp; Sunday

7:30am – 5:30pm

**Statutory Holidays**

9:00am – 2:00pm



YMCA of Central East Ontario

Belleville Branch

433 Victoria Ave

Belleville, Ontario K8N 2G1

Tel. 613-966-9622

Fax.613-962-9247

<http://www.ymcaofceo.ca>

Effective Jan 9/17

**Child, Youth and Family Programs Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>KidsKare</b>	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 1:00pm	8:30 – 12:00pm	
<b>Parent and Tot Drop In</b>		Stay and Play (1-3 yrs) 10:00-11:30am	Story Station (1-3yrs) 10:00-11:00am	Fun Factory (1-3 yrs) 10-11:30am		Tumble Tots (1-3yr) 9:30-10:30pm	
<b>Family Drop In</b>	Family Fun Zone 10:45 – 11:30am		Family Fun Zone 10:45 – 11:30am			Family Fun Zone 11:00am – 12:00pm	
<b>Youth Drop In</b>		Youth Drop In Gym-4:00-5:15pm	Youth Drop In Gym-4:00-6:00pm	Youth Drop In Gym-4:00-5:15pm	Youth Drop In Gym-4:00 - 6:00pm		
<b>Youth Programs</b>	Just Dance(4-6yrs) 4:00 - 4:45pm	Tiger Tots (4-6yrs) 4:00 - 4:30pm 4:30 - 5:00pm	Teen Strength (10-13 yrs) 4:00 - 5:00pm	Basketball (10-13yrs) 4:00 – 4:45pm	Parents Night Out (4-10 yrs) 6:00 - 9:00pm <i>*Registration Required*</i> Once a Month Check Brochure for dates	Just Dance (4-6yrs) 9:00 - 9:45am	Y Tri Youth Training (10-13 yrs) 1:00 - 2:45pm
	Ball Hockey (10-13yrs) 5:30-6:15pm	Soccer (10-13 yrs) 4:00 – 4:45pm	Gymnastics (10-13yrs) 4:00-4:45pm	Science Kids (4-6yrs) 4:00-4:45pm		TAG (10-13yrs) 10:00 – 11:30am	
	Ball Hockey (7-9yrs) 4:00-4:45pm	Soccer (7-9 yrs) 4:45 - 5:30pm	Drama Club (7yrs and up) 4:30-5:30pm	Basketball (7-9 yrs) 4:45 – 5:30pm		Saturday Morning Club (7 and up) 10:15-11:00am	
	Ball Hockey (4-6 yrs) 4:45-5:30pm	Family and Youth Martial Arts (7yrs and up) 5:15 – 6:15pm	Gymnastics (7-9yrs) 4:45-5:30pm	Science Kids (7-9yrs) 5:00 - 5:45pm		Nothin But Net (7-9yrs) 11:00-11:45am	
	Sportsmania (4-6 yrs) 4:45-5:30pm	Soccer (4-6yrs) 5:30 – 6:15pm	Kidnastics (4-6yrs) 5:30-6:15pm 6:15-7:00pm	Basketball (4-6 yrs) 5:30 – 6:15pm		Jr Builders (7-9yrs) 10:15-11:00	
	Sportsmania (7-9yrs) 5:30 – 6:15pm	Artrageous (4-5yrs) 5:30 – 6:15pm	Just Us Guys (7-13 yrs) 5:30-7:00pm	Adaptive Sports (10-13Yrs ) 5:30-6:30pm		Jr Builders (10-13yrs) 11:00-11:45am	
	Yoga for Youth (7-13yrs) 5:30 – 6:15pm	Artrageous (6-8yrs) 6:30 – 7:15pm	TAG (7-9yrs) 6:00 – 7:30pm			Nothin But Net (10-13yrs) 10:15-11:00am	
	Youth Dance (7-9Yrs) 4:45-5:30pm	Artrageous (9-13yrs) 7:30 – 8:15pm				Snack Attack (7 yrs and up) 11:30 - 12:15pm	
	Y-Read Book Club 7-9yrs 6:30-7:30 10-13yrs 7:30-8:30	Youth Leader Corps (11-16 yrs) 6:30 - 8:30pm					



## *Each One Teach One*

The YMCA has partnered with the Belleville Rotary Club to provide a one-on-one literacy tutoring program. Students will receive a tutor who will work with them twice a week for an hour. All YMCA tutors are volunteers who have completed the

Each One Teach One Training Program and have a clear criminal reference check.

Mondays and Wednesdays between the times 3:30pm-6:00pm.

## *PA Day Program*

The camp experience is hard to beat! Memories of special friends and learning new skills – that's what its all about! A Camp Day includes swimming, outdoor activities, group games, crafts and more.

Ages 4-13

7:00am-6:00pm

For registration and more information please stop in at the Membership Service Desk.

## *Birthdays At the YMCA*

Book a birthday with the YMCA! Birthdays can be booked on Saturdays or Sundays and include:

Option 1: 3 hours – 1:00pm-4:00pm – 1 hour of Gym Activities, 1 hour of swim, 1 hour in the party room, party host, pizza and juice.

Option 2: 2 hours -1:00pm-3:00pm – 1 hour of Gym Activities, 1 hour in the party room, the party host, pizza and juice

For more information please contact us at the Membership Services Desk or call us at (613)966-9622.

## *Babysitting Course*

The babysitters course is designed to help you become confident and prepared to care for children of various ages, apply First Aid skills and what to do in emergency situations.

*\*Registration Required\**

Ages 11+

9:00am-5:00pm

YM- \$40.00 NM-\$50.00

Belleville – March 4/17

Quinte West – February 25/17

## *Parents Night Out*

This special program allows parents to have a night out without hiring a babysitter. The program will treat the children to a night of fun activities including gym games, crafts and swim in a safe environment supervised by YMCA certified and trained staff.

*\*Registration Required\**

Ages 4-10

6:00-9:00pm

YM-\$5.00 per child NM-\$7.00 per child

January 20/17

February 24/17

March 24/17

## *Home Alone Safety Course*

This program will introduce and reinforce ideas to build confidence in young people who spend time at home alone.

Includes home and fire safety.

*\*Registration Required\**

Ages 10-13

9:00am-5:00pm

YM – No Charge NM - \$60.00

Belleville – February 18/17

Quinte West – January 21/17 & March 25/17